

January 28, 2024  
**FOURTH SUNDAY**  
 IN ORDINARY TIME

**Mass Intentions for the Week**

**Saturday, January 27, 2024**

*Saturday of the Third Week in Ordinary Time*

8:00 a.m. † Anthony He & Vincent He  
 12:00 p.m. † June Furia  
 5:00 p.m. Intentions of Patricia Lanni

**Sunday, January 28, 2024**

*Fourth Sunday in Ordinary Time*

10:00 a.m. † Biaggio Romagnoli

**Monday, January 29, 2024**

*Monday of the Fourth Week in Ordinary Time*

8:00 a.m. † Emily He  
 12:00 p.m. † Anthony Walker

**Tuesday, January 30, 2024**

*Tuesday of the Fourth Week in Ordinary Time*

8:00 a.m. Tighe & Lacey Families (Living & Deceased)  
 12:00 p.m. † Walter McNally

**Wednesday, January 31, 2024**

*Memorial of Saint John Bosco, Priest*

8:00 a.m. Members & Benefactors of the Shrine  
 12:00 p.m. † Joseph DiSilvestro

**Thursday, February 1, 2024**

*Thursday of the Fourth Week in Ordinary Time*

8:00 a.m. † Hedwig & George Marks  
 12:00 p.m. Rita & Alonzo Vargas

**Friday, February 2, 2024**

*Feast of the Presentation of the Lord*

8:00 a.m. † Theresa Rondinelli  
 12:00 p.m. Rita & Alonzo Vargas

**Saturday, February 3, 2024**

*Memorial of Blessed Stephen Bellesini, O.S.A., Priest*

8:00 a.m. Rita & Alonzo Vargas  
 12:00 p.m. † Peter Bilotti  
 5:00 p.m. Lillian Harlett

**Bread & Wine Offering**

**Sanctuary Candle**

† = Deceased

**THIS WEEK'S SCRIPTURE:**

	1 <sup>st</sup> Reading	2 <sup>nd</sup> Reading	Gospel Reading
<b>Sun</b>	Dt 18:15-20	1 Cor 7:32-35	Mk 1:21-28
<b>Mon</b>	2 Sm 15:13-14,30;16:5-13		Mk 5:1-20
<b>Tues</b>	2 Sm 18:9-10,14b,24-25a,30-19:3		Mk 5:21-43
<b>Wed</b>	2 Sm 24:2, 9-17		Mk 6:1-6
<b>Thurs</b>	1 Kgs 2:1-4, 10-12		Mk 6:7-13
<b>Fri</b>	Mal 3:1-4	Heb 2:14-18	Lk 2:22-40
<b>Sat</b>	1 Kgs 3:4-13		Mk 6:30-34



**Healing Mass: February 18, 2024**

**12:00 p.m. Mass**

**11:30 a.m. Confessions**

Do you find yourself mentally, physically, spiritually, socially, or emotionally burdened? We invite you to join us for our next Healing Mass! We will gather on Sunday, February 18, 2024 to pray for Saint Rita's healing intercession, and receive a special blessing with Saint Rita oil. All are welcome!

**The Strength to Seek Help**

All of us occasionally have problems in dealing with the demands and perplexities of daily life and our relationships. From time to time we can get "stuck" and have the need to sort out the challenges and choices to be made. These are the times when we can benefit from talking with a person who is trained in the skills of Pastoral Counseling and psychotherapy. Here at the Shrine, we have resources on staff to help. Fr. Jim Paradis, O.S.A. is a certified pastoral counselor, and Br. Bob Thornton, O.S.A. is a clinical psychologist. Both draw on the resources of faith and psychology to help people burdened by personal, couple, and family problems. It is a sign of strength to face and seek professional guidance with such issues. If you would like to learn more, please call **Fr. Jim Paradis, O.S.A., D.Min.** at **215-546-8333, ext. 1400.**

**Please pray for our sick:**

Anthony Acchione, Steven E. Addeo, JoAnn Alessio, Judy Alonzo, Mia Andrilla, Cecilia Anguera, Carol Antonelli, Alene Avetian, Isaiah Baker, Marissa Biancaniello, Marie Bidy, Sarah Bidy, Bo Botto, Joseph Botto, Lula Bottoms, Samuel A. Bowlen, Elizabeth Boyer, Anna Boyle, Zack Bove, Kevin & Elizabeth Brennan, Deborah Brown, Kay Brown, Pat Bruno, Alice Butterworth, Mikey Calabretta, Frank Cammarata, Rose Campolongo, Katie Cassidy, Aurora Cassidy, Christine Castelli, Sonia Celia, Noah Checchia, Cindy Chen, Anthony Cimini, Lynn Costello, Robert Cox, III, Rosemary Crescitelli, Ralphal Curry, Jr., William D'Amato, April L. DeMatto, Dora Di Costanzo, Raymond DiPalma, Cecilia Dougherty, Ryan J. Dougherty, Madeline Farnese, Anthony Ferrara, Cristina Field, Nova A. Fields, Jeannette Forcina, Patricia Fueschlin, David Gavin, Jeanne Giaccia, Helen Glowacki, John Glowacki, Roger Gronert, Stella Gualtieri, Marie Guan, Eileen Hammel, Dean Hardwick, Gavin Horn, Christina Houser, Sister Mary Joan Huggard, Ray Huxen, Sr., Richard Iezzi, Carolyn Jenkins, Rosalie Jones, Ignation José, Mila José, Kathy Kelly, Sheila Kendall, Brian Kuran, Rose Marie Lattanzio, Dina Levine, Mikey Ludwig, Bill Maffucci, Catherine Mahoney, Alexis Makowiec, Jilian Mariutti, Bernadette Mastromarco, Rocco Mattio, Tara McCabe, Marie McKenna, Blaise Michaels, Greg Michaels, Jeanette Million, Lynn Minko, Robert Monroe, Natalie Deal Mullen, Josephine Neilson, Jack O'Connell, Dennis O'Hara, Elizabeth Paglia, James Papa, Kate Pepper, Courtney Pisano, Rita Pisano, Annamaria Ranieri, Joseph & Maureen Reihl, Michael Reihl, George Richardson, Robin Rosenfeld, Roberta Ruskowski, Joseph Russo, Carolyn Sabatina, Nicholas Salmieri, Maria Scocca, Martha Sechuck, Audrey Seebarith, Javon Welch Smith, Nancy Tatum, Andrea Wells, Sophia Haifa Zedan, Joanne, Phil & Renee.

**Thank you for your continued generosity!**

**January 13 & 14, 2024 | \$2,036**

**January 20 & 21, 2024 | \$3,730**

**Second Collection for Programa Velasco | \$745**

## A Few Simple Notes from the Director

### Liturgical Updates

Beginning with the Vigil Mass for the First Sunday of Lent (Saturday, February 17, 2024), we will resume three liturgical practices that were put on hold because of COVID-19. Please help us spread the word, and if you have any questions or concerns, please let me know.

- (1) We will resume the practice of having the bread and wine brought forward as part of the preparation of the altar and gifts. As the General Instruction of the Roman Missal (GIRM) states, "It is praiseworthy for the bread and wine to be presented by the faithful." In the early Christian communities, the bread and wine were brought from the homes of the faithful gathered for Mass. And even though this is no longer the practice of the Church, having members of the congregation bring forth the bread and wine symbolizes the giving of ourselves to God to do whatever God wishes to do with us, the mystical Body of Christ. Returning to this simple but powerful practice will help us recall the sacrificial and communal natures of the Mass.
  - (2) We will also resume the practice of distributing the Body of Christ in the middle aisle and then returning to our seats by way of the side aisles. More preference than a liturgical norm, the center aisle is the "ordinary" place where the faithful go to receive in most churches. There is no right or wrong place to receive, but as many of you know, before COVID, the center aisle was the Shrine's norm. It seems most fitting then, that we return to the distribution of Holy Communion from this "central place" in the church.
  - (3) Finally, we will resume the practice of offering the Precious Blood at all of our weekend liturgies. While we receive the fullness of the Body and Blood of Christ with the reception of just one species, the GIRM is clear: "It is desirable that in keeping with the Lord's command, his Body and Blood should be received as spiritual food by the faithful who are properly disposed." Because illness and germs still exist, we ask that each person discern whether it is appropriate for them to receive from the chalice each week. If you are immunocompromised or feeling sick, we ask that you not receive from the chalice and enjoy the fullness of God's Body and Blood through the reception of the consecrated host. One final note from the GIRM worth mentioning: "When receiving Holy Communion, the communicant bows his or her head before the Sacrament as a gesture of reverence and receives the Body of the Lord from the minister. The consecrated host may be received either on the tongue or in the hand, at the discretion of each communicant. When Holy Communion is received under both kinds, the sign of reverence is also made before receiving the Precious Blood." In other words, the proper way to reverence the Blessed Sacrament when in line to receive either Eucharistic element is a simple bow.
- Your help and patience as we return to these liturgical practices is appreciated! While relatively small, we hope these practices help us pray and celebrate better.

*If today you hear his voice, harden not your hearts.*

### Monthly Donut Social

Don't forget to join us for our monthly donut social in the Cascia Center following the 10:00 a.m. Mass this Sunday, January 28, 2024. We hope to see you there!



### Ash Wednesday Schedule

We invite you to join us on **Wednesday, February 14, 2024** for the start of the Lenten season with the commemoration of Ash Wednesday. Three opportunities to receive ashes will be offered in the **Upper Shrine**:

**8:00 a.m. Mass** with the distribution of Ashes

**12:00 p.m. Mass** with the distribution of Ashes

**5:30 p.m. Mass** with the distribution of Ashes

We hope to see you there! If you have any questions, please call the Shrine Office.

### Millions of Monicas

Are you a mom who worries about your children because they have fallen away from their faith? In the Spring, the Shrine will begin hosting a weekly prayer group in collaboration with "Millions of Monicas," a national prayer ministry specifically for moms worried about their kids. There is hope. To learn more, visit: [www.millionsofmonicas.com](http://www.millionsofmonicas.com)

### Man Up Philly 2024

The 16<sup>th</sup> Annual Man Up Philly Men's Conference will be held on **Saturday, March 2, 2024** at Cardinal O'Hara High School. The day will include great talks, prayer, and Eucharistic Adoration. The conference will conclude with Mass celebrated by Archbishop Nelson Perez. Visit [www.ManUpPhilly.com](http://www.ManUpPhilly.com) for more information and to register. **NB: The Shrine will have a table at the conference this year, so be sure to stop by and say hello!**

### Save the Dates: Triduum 2024

We hope that you will make plans to join the Shrine for our commemoration of the Paschal Triduum this year:

#### Holy Thursday

Thursday, March 28, 2024 | 7:30 p.m. Mass

#### Good Friday

Friday, March 29, 2024 | 7:30 p.m. Service

#### Easter Vigil

Saturday, March 30, 2024 | 8:00 p.m. Mass

#### Easter Sunday

Sunday, March 31, 2024 | 10:00 a.m. Mass

To learn more about other local events and programs, visit:  
[www.SaintRitaShrine.org/virtual-bulletin](http://www.SaintRitaShrine.org/virtual-bulletin)

The readings for the Fourth Sunday in Ordinary Time (Year B), begin at **number 1045 in the hymnal**.

**BATHROOM CODE: 1-2-5-6**